

ANGST

Post-Screening Survey Results



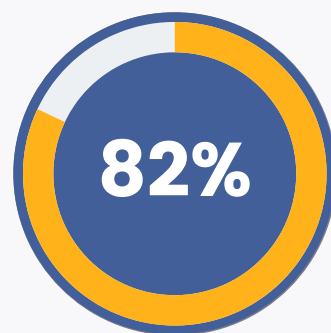
We surveyed over 12,000 students, educators, and parents across 34 countries about their experience with our film program ANGST (for ages 10 and up). Here is what we learned:



When asked to rate their typical anxiety levels from 1-10, 1 being very low and 10 being very high, **44%** of viewers had **moderate to high** levels of anxiety.

However,

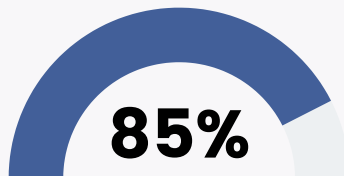
82% of students, educators, and parents were more open to talking about anxiety after seeing this film.



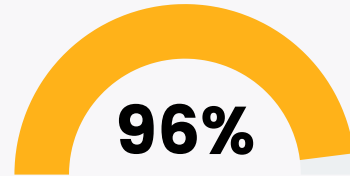
“*Angst is inspirational; the courageous effort made by teens in the film to face their fears and become competent in coping is heart-warming and breathtaking.*”
-Dr. Laura Kastner, Child Psychologist, Author



81% of viewers will adopt the coping mechanisms mentioned in this film.



85% of viewers think ANGST should be required viewing in schools.



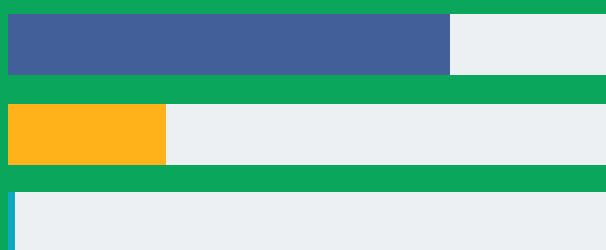
96% of viewers think ANGST is helpful for both youth and families.

Demographics



27% of responses were educators or counselors, **27%** were parents or adults, and **46%** of responses were students (elementary through college).

Overall, **73%** of viewers identified as female, **26%** were male, and **1%** were non-binary or preferred not to say.



For more information on how ANGST can open up the conversation around anxiety, help people understand and manage their symptoms, and reach out for help, [click here](#).